

NOTHING

NOTHING

Have no importance or value

Woman without her man is nothing

Woman without her man, is nothing

Woman without her, man is nothing

Fear the LORD, you His saints,
for those who fear Him lack
nothing

Psalms 34:9

THOSE WHO SEEK THE LORD
LACK NO GOOD THING

PSALMS 34:10b

דַּרַשׁ

Darash - seek, inquire,
consult, call, ask, search,
resort

דַּרַשׁ

Darash - seek, inquire,
consult, call, ask, search,
resort

PRAY EARNESTLY

טוֹב

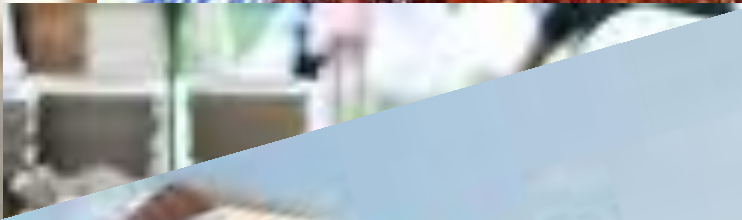
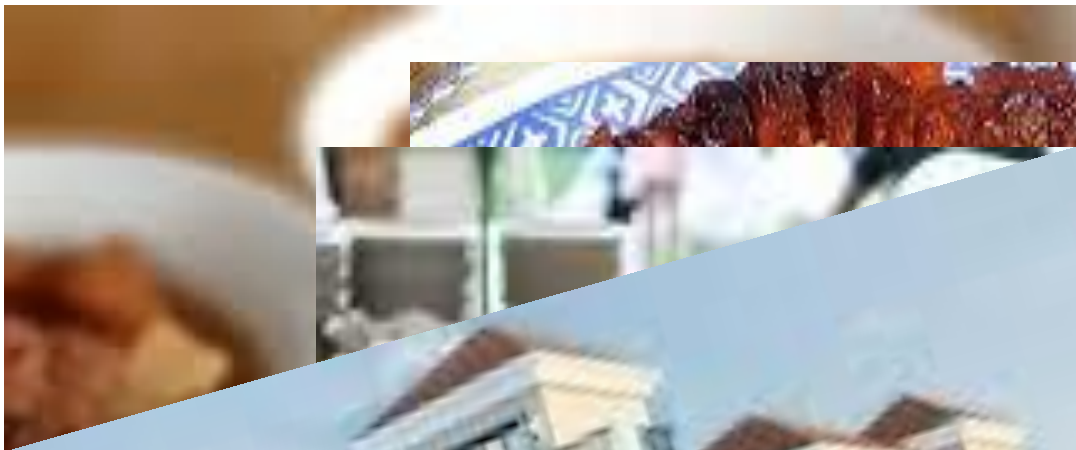
Tov - good, pleasant, happy,
well, benefit, welfare,
prosperity















Philippian 4:8

An aerial photograph of a tropical island, likely in the Maldives, featuring a series of traditional huts with thatched roofs built on stilts over clear, turquoise water. A wooden walkway leads through the huts. The sky is bright blue with scattered white clouds. The text 'Philippian 4:8' and 'Galatians 5:22' is overlaid in the center in a white, bold, sans-serif font with a blue outline.

Philippian 4:8
Galatians 5:22

David

Author of Psalms 34



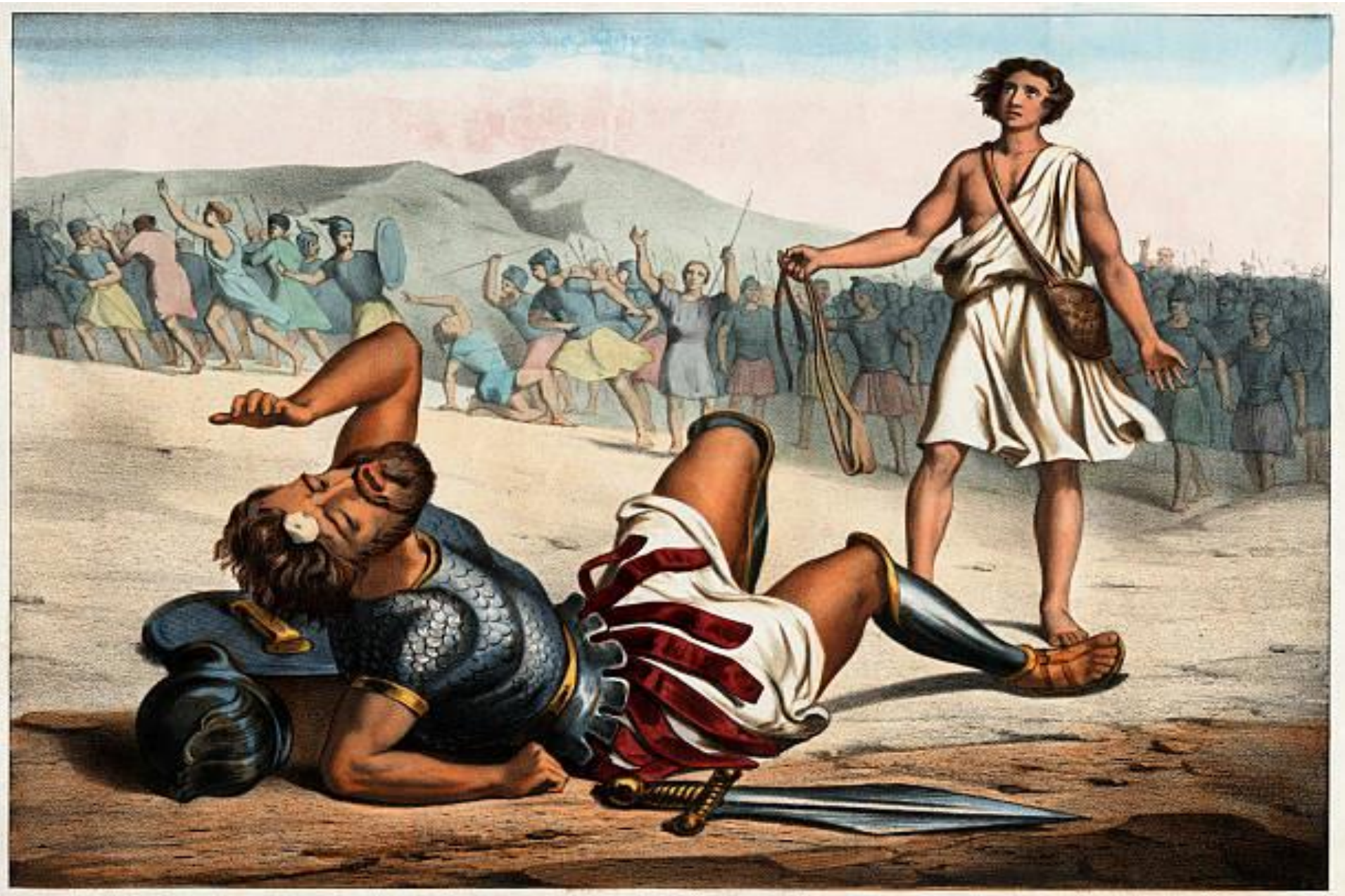


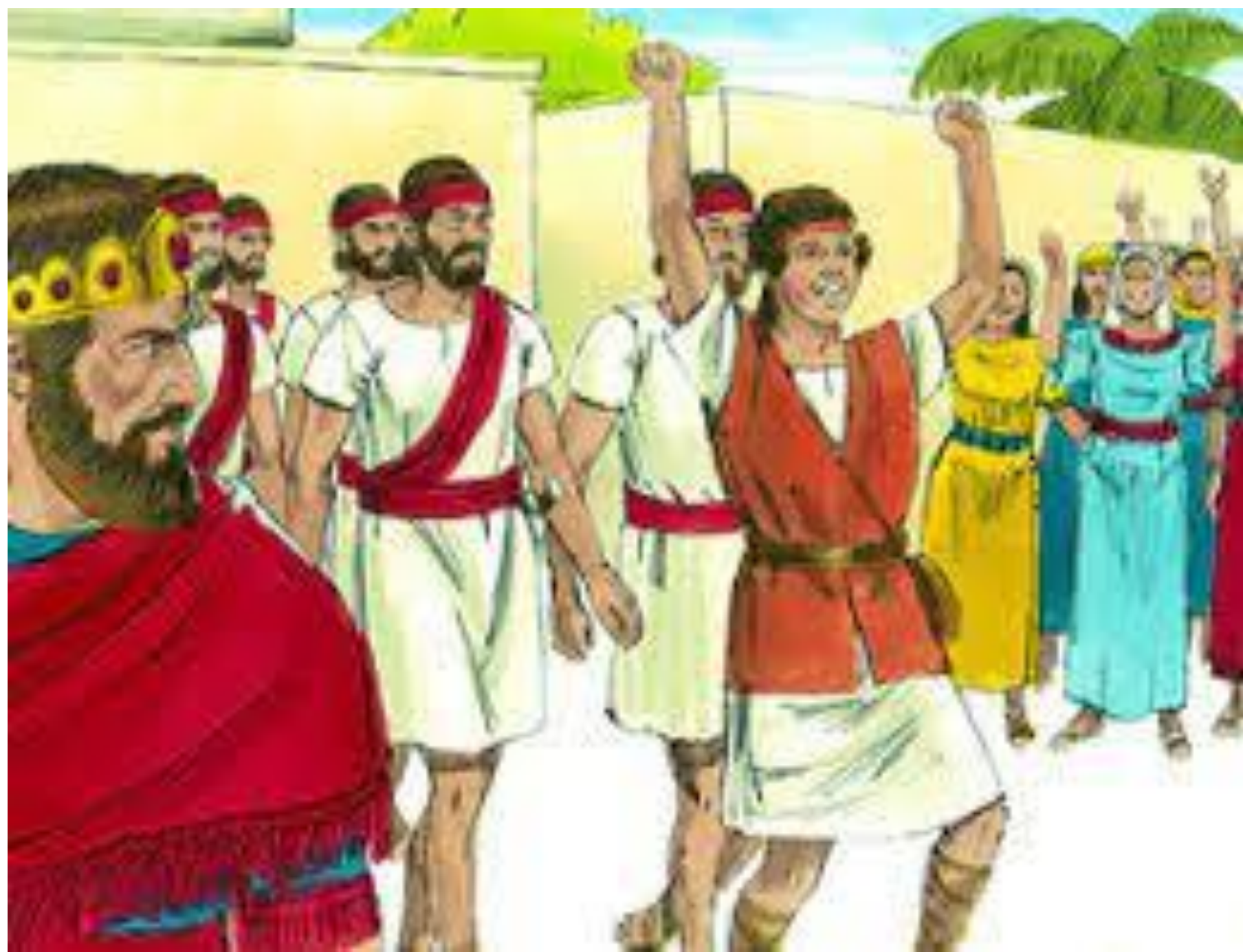


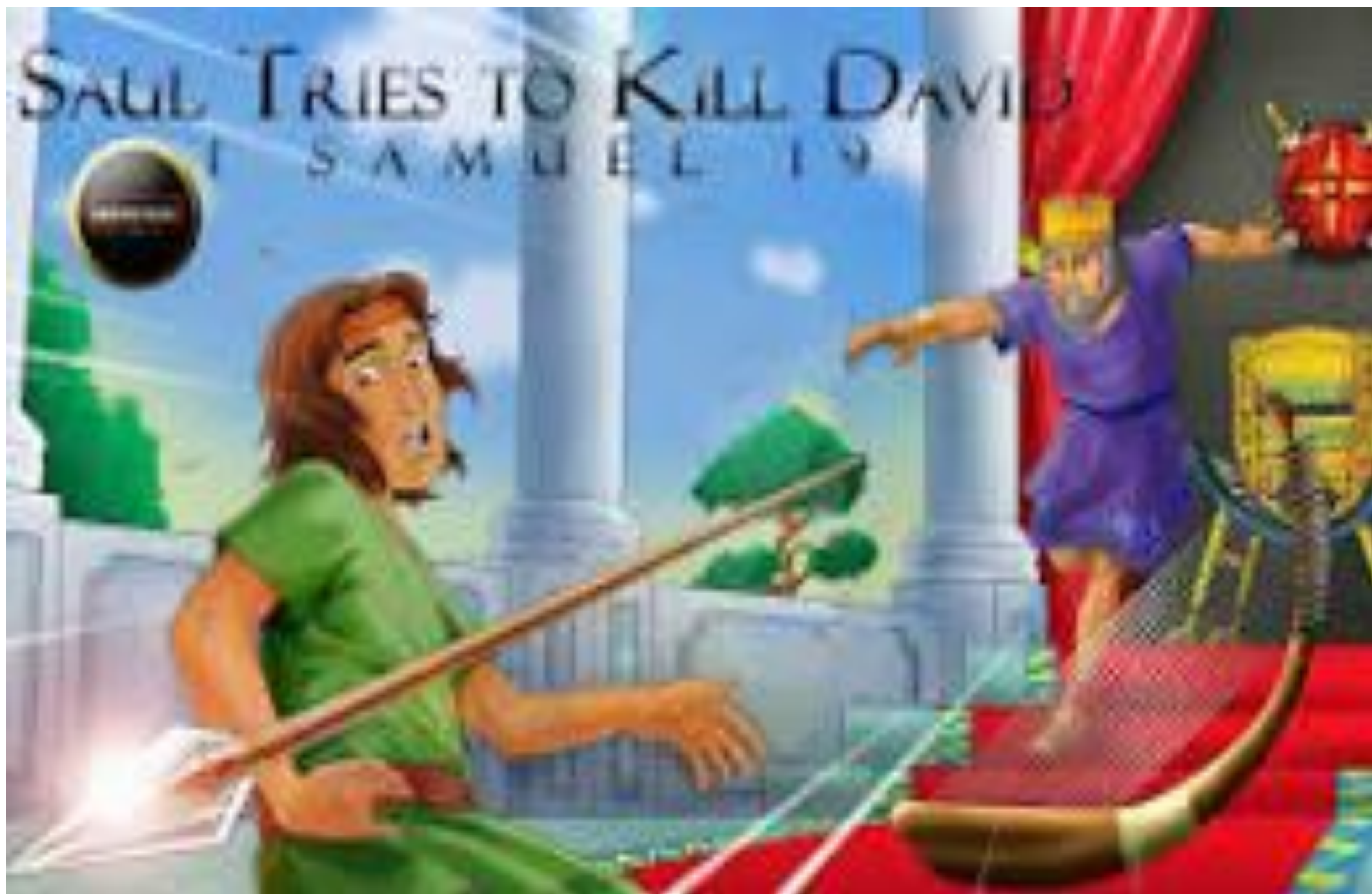
Dr. Joachim Jeremias says shepherds were “despised in everyday life.” In general, they were considered second-class and untrustworthy. Some shepherds earned their poor reputations, but others became victims of a cruel stereotype. The religious leaders maligned the shepherd’s good name; rabbis banned pasturing sheep and goats in Israel, except on desert plains. The Mishnah, Judaism’s written record of the oral law, also reflects this prejudice, referring to shepherds in belittling terms. One passage describes them as “incompetent”; another says no one should ever feel obligated to rescue a shepherd who has fallen into a pit. Jeremias documents the fact that shepherds were deprived of all civil rights. They could not fulfill judicial offices or be admitted in court as witnesses. Smug religious leaders maintained a strict caste system at the expense of shepherds and other common folk. Shepherds were officially labeled “sinners”—a technical term for a class of despised people

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¹⁰ That day David fled from Saul and went to Achish king of Gath. ¹¹
But the servants of Achish said to him, “Isn’t this David, the king of
the land? Isn’t he the one they sing about in their dances:

“‘Saul has slain his thousands,
and David his tens of thousands’?”

¹² David took these words to heart and was very much afraid of
Achish king of Gath. ¹³ So he pretended to be insane in their
presence; and while he was in their hands he acted like a madman,
making marks on the doors of the gate and letting saliva run down his
beard.

¹⁴ Achish said to his servants, “Look at the man! He is insane! Why
bring him to me? ¹⁵ Am I so short of madmen that you have to bring
this fellow here to carry on like this in front of me? Must this man
come into my house?” 1Samuel 21: 10-14





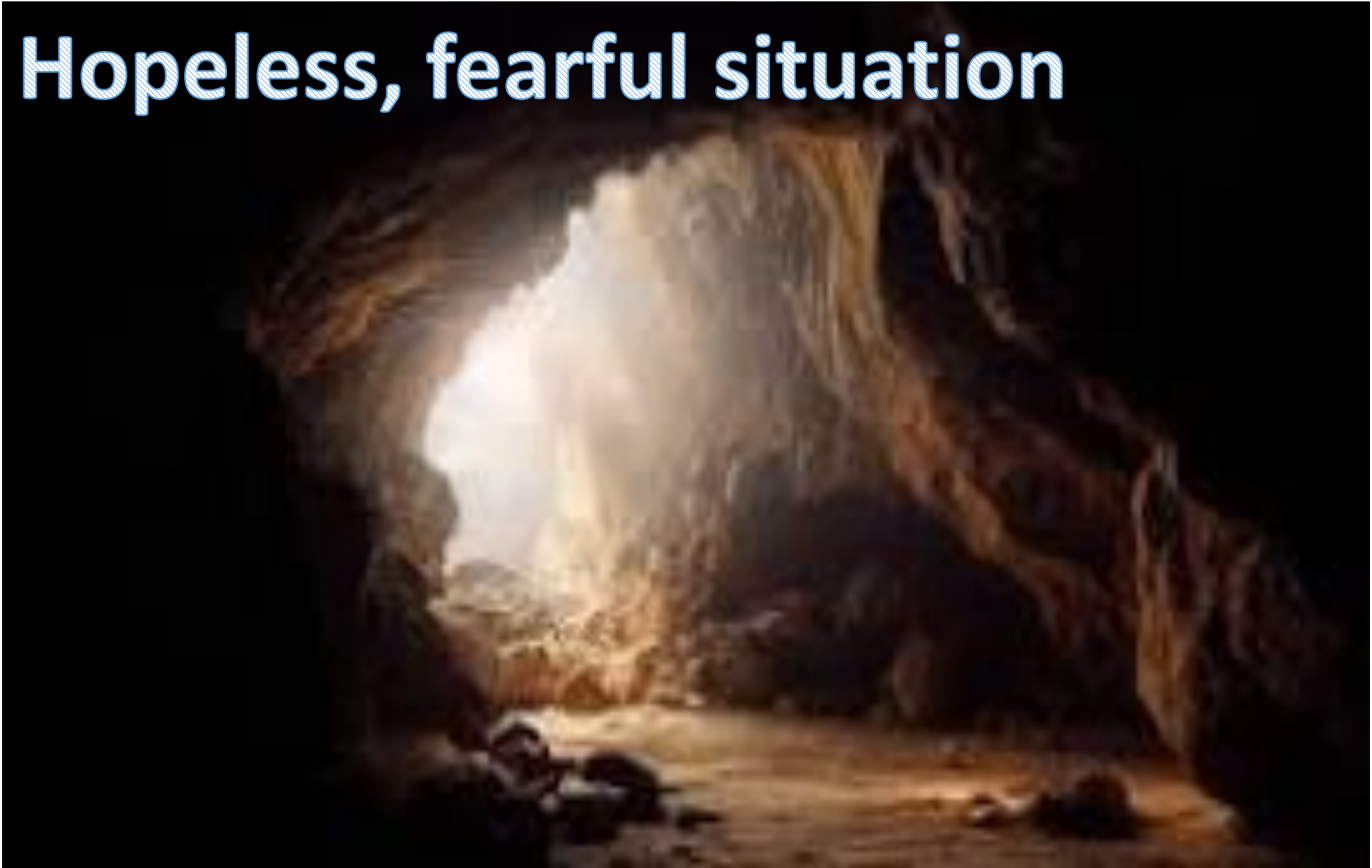
David left Gath and escaped to the cave of Adullam.

1Sam 22:1

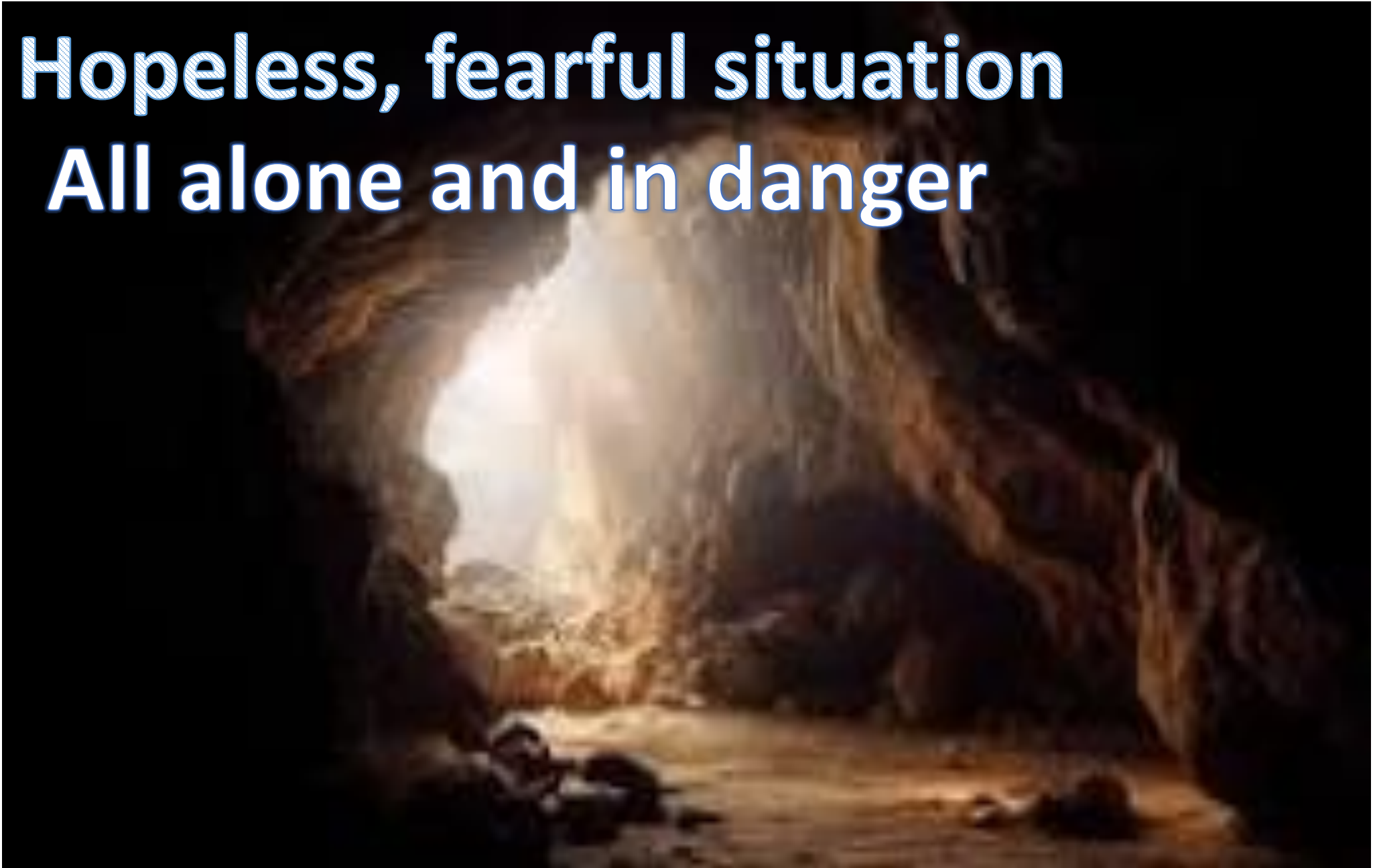




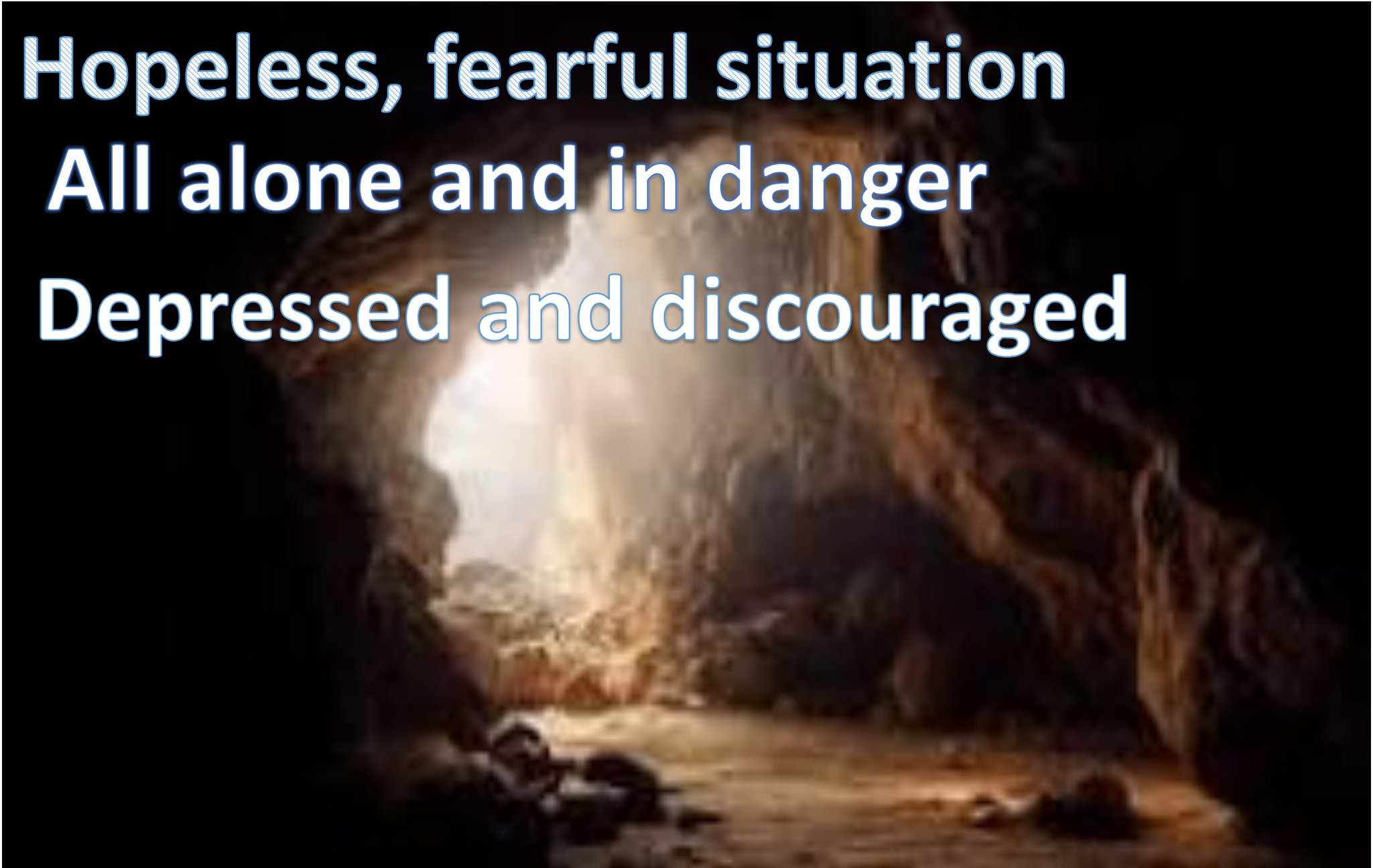
Hopeless, fearful situation



Hopeless, fearful situation
All alone and in danger



Hopeless, fearful situation
All alone and in danger
Depressed and discouraged

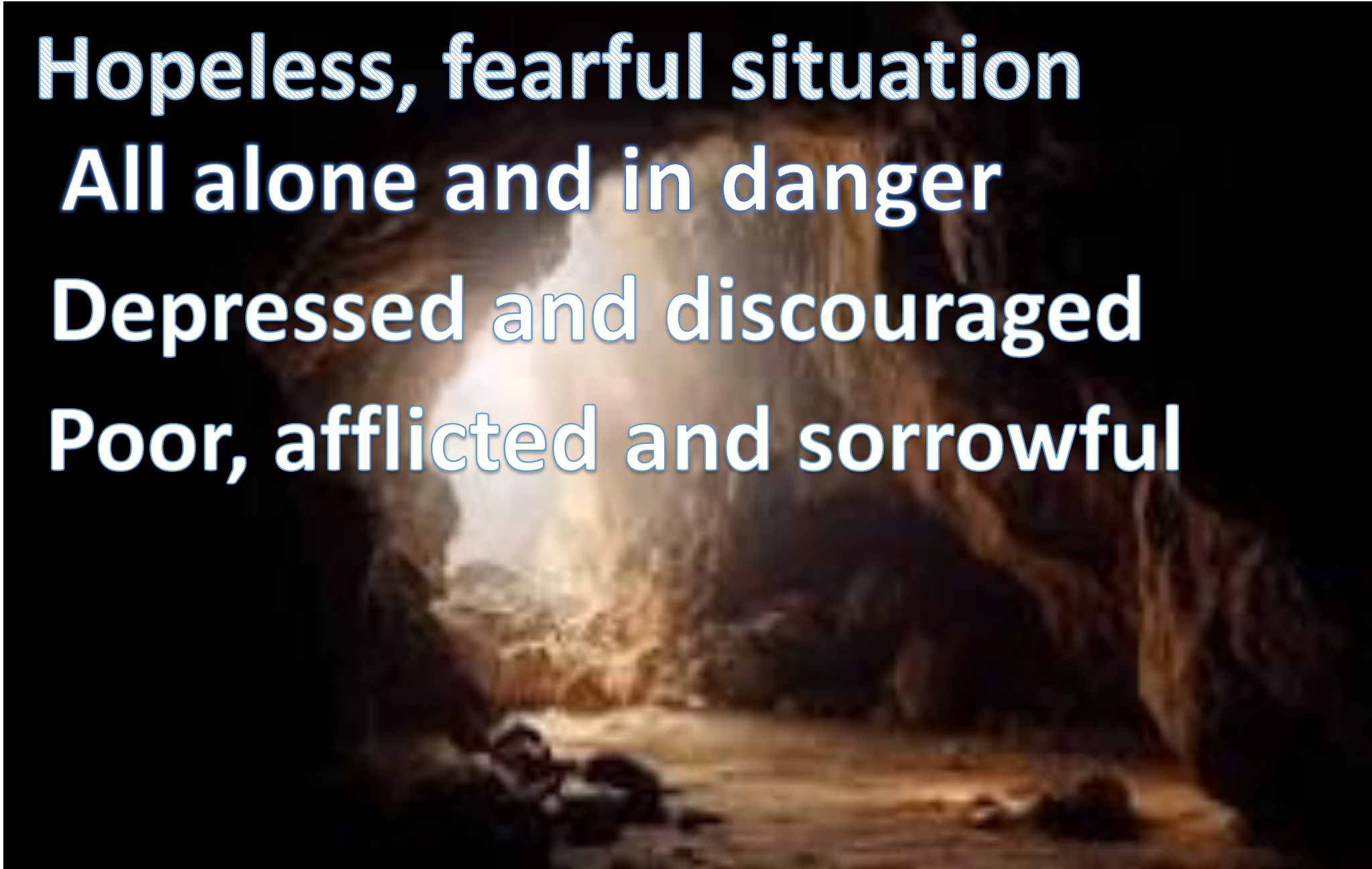


Hopeless, fearful situation

All alone and in danger

Depressed and discouraged

Poor, afflicted and sorrowful





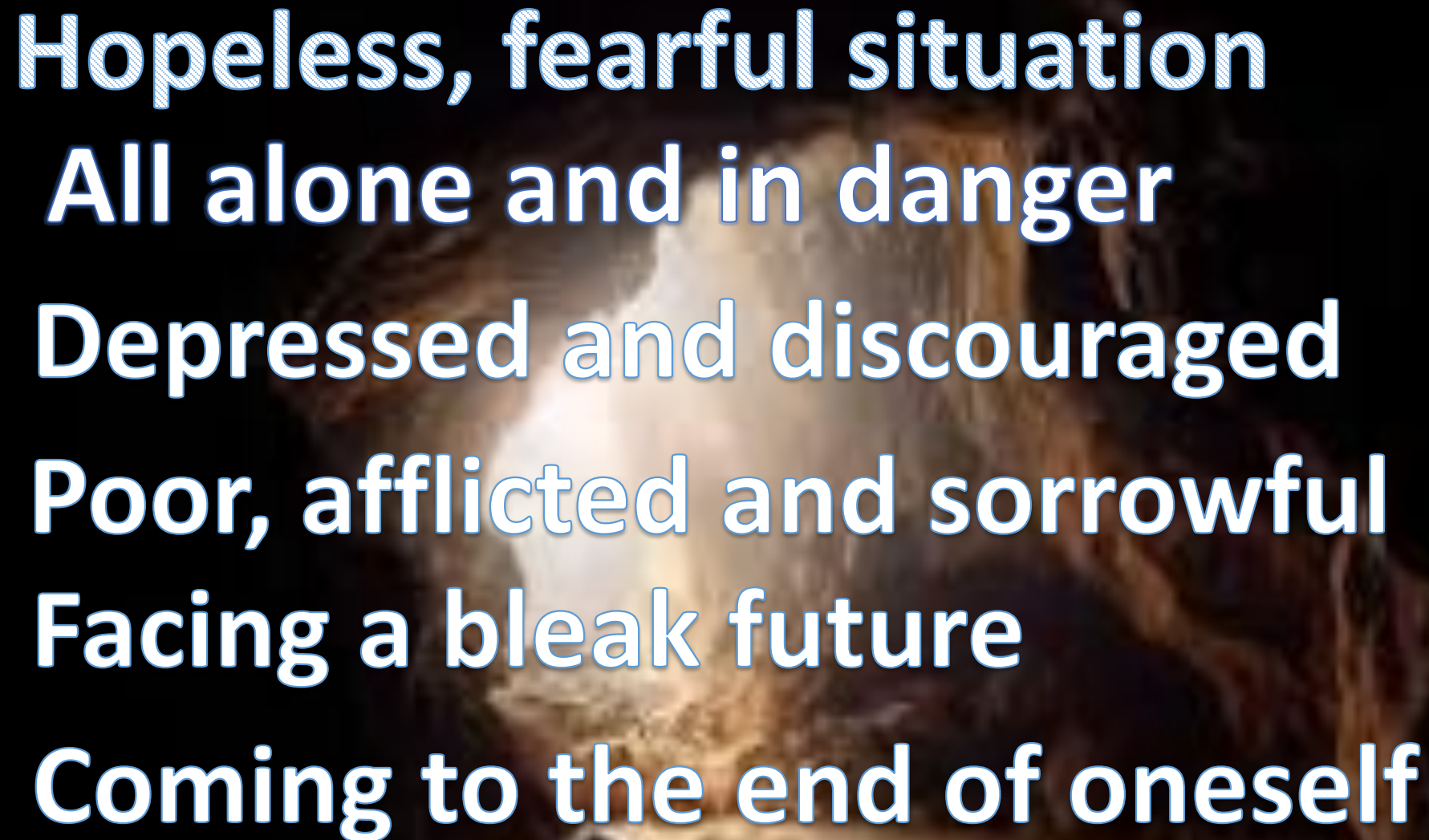
Hopeless, fearful situation

All alone and in danger

Depressed and discouraged

Poor, afflicted and sorrowful

Facing a bleak future



Hopeless, fearful situation
All alone and in danger
Depressed and discouraged
Poor, afflicted and sorrowful
Facing a bleak future
Coming to the end of oneself

But I am a worm and not a man,
scorned by everyone, despised by the people.

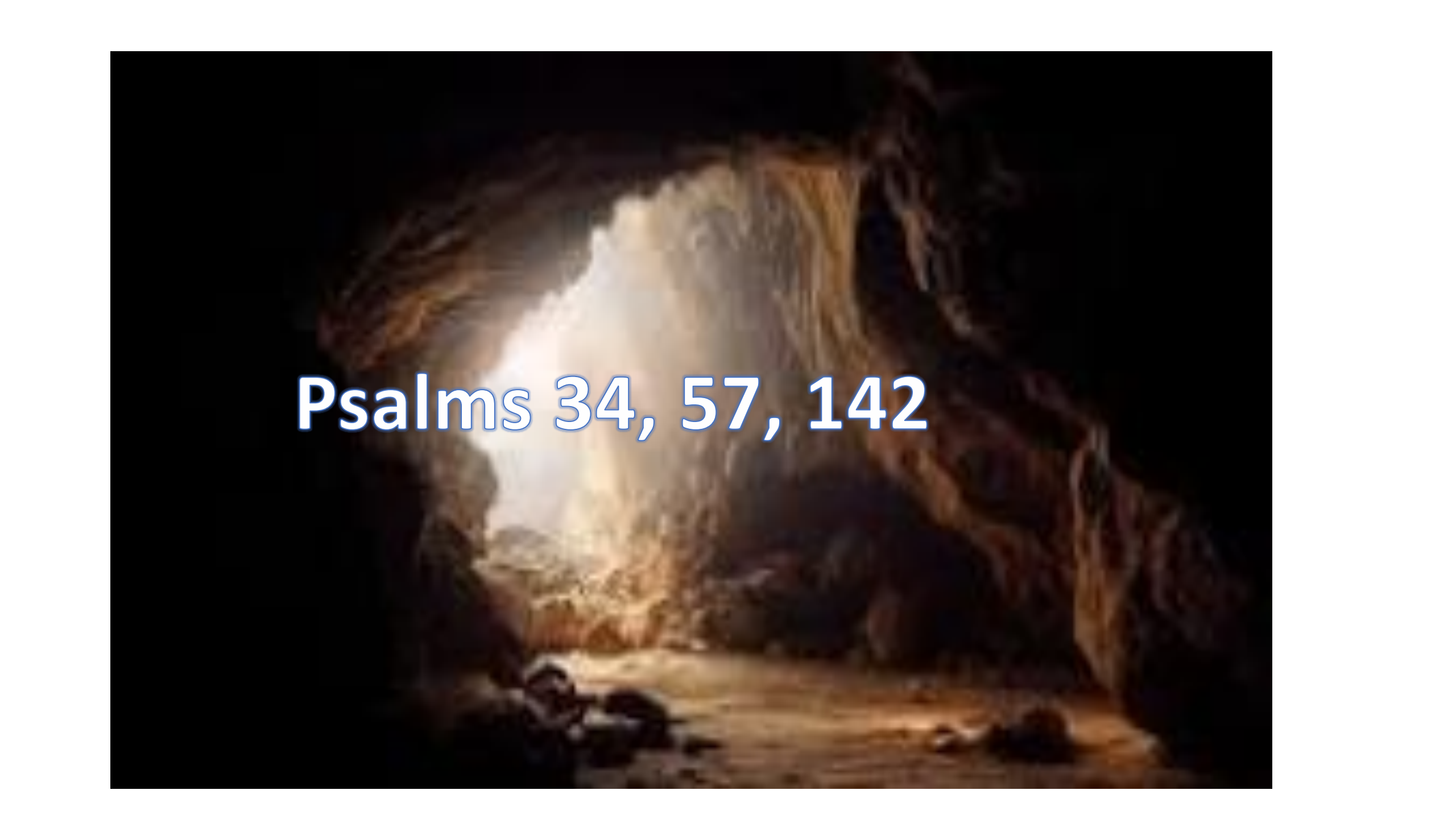
⁷ All who see me mock me;
they hurl insults, shaking their heads.

⁸ “He trusts in the LORD,” they say,
“let the LORD rescue him.

Let Him deliver him,
since he delights in Him.” Psalms 22:6-8



Why is this happening to me
LORD????

A dramatic scene of a cave opening. The cave is dark and cavernous, with rough, textured rock walls. A bright, golden light emanates from the opening at the end of the cave, creating a strong contrast with the surrounding darkness. The light illuminates the cave floor and the walls near the entrance. The overall atmosphere is one of mystery and hope.

Psalms 34, 57, 142

A dramatic scene of a cave opening. A bright light source, possibly the sun, is shining through a large, irregular opening in the dark, rocky walls of a cave. The light creates a strong beam that illuminates the interior of the cave, highlighting the textures of the rock and the ground. The overall atmosphere is one of hope and discovery.

Psalm 34

When his brothers and his father's household heard about it, they went down to him there. ² All those who were in **distress or in debt or discontented** gathered around him, and he became their commander. About four hundred men were with him. 1 Sam 22:2

Lessons from Psalms 34

- In his most difficult situation he chose to worship God v1-2
- He invites others to do the same v3 – the distressed, in debt and the discontented
- He reminds them the LORD hears our cries and will answer v4,6
- It is He who delivers v4, who saves v6, who protects v 20
- And God, and God alone redeems. v22

