

A Singled-focus Life to God

Worry, Worry, Worry!

Matthew 6:25-34

The Gospel of
Matthew

Jesus The Messiah King

Worry, Worry, Worry!



Matthew 13:22

Worries of this life...Making it Unfruitful

Kingdom Life of
Uncompromised Trust in God

The Lord's Prayer
and *kingdom living*

Give us today our daily bread.

Twin Dangers of Wealth & Worry



The Lord's Prayer
Matthew 6:9-13

Our Father which art in heaven,
Hallowed be thy name.

Thy kingdom come, Thy will be done
in earth, as it is in heaven.

Give us this day our daily bread.

And forgive us our debts,
as we forgive our debtors.

And lead us not into temptation,
but deliver us from evil:

For thine is the kingdom, and the
power, and the glory, for ever. Amen.

Matthew 6:25-34

Worry, Worry, Worry!

Jesus the Master Physician

Get our Hearts & Perspectives Right

Worries of this life is...

- Unnecessary for a Child of God
- Unworthy of a Disciple of Jesus
- The Cure for Worry



Matthew 6:25-34

25 'Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? 27 Can any one of you by worrying add a single hour to your life?'



28 'And why do you worry about clothes?

See how the flowers of the field grow. They do not labour or spin.²⁹ Yet I tell you that not even Solomon in all his splendour was dressed like one of these.

30 If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you – you of little faith?



31 So do not worry, saying, “What shall we eat?” or “What shall we drink?” or “What shall we wear?”

32 For the pagans run after all these things, and your heavenly Father knows that you need them.

33 But seek first his kingdom and his righteousness, and all these things will be given to you as well. 34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.



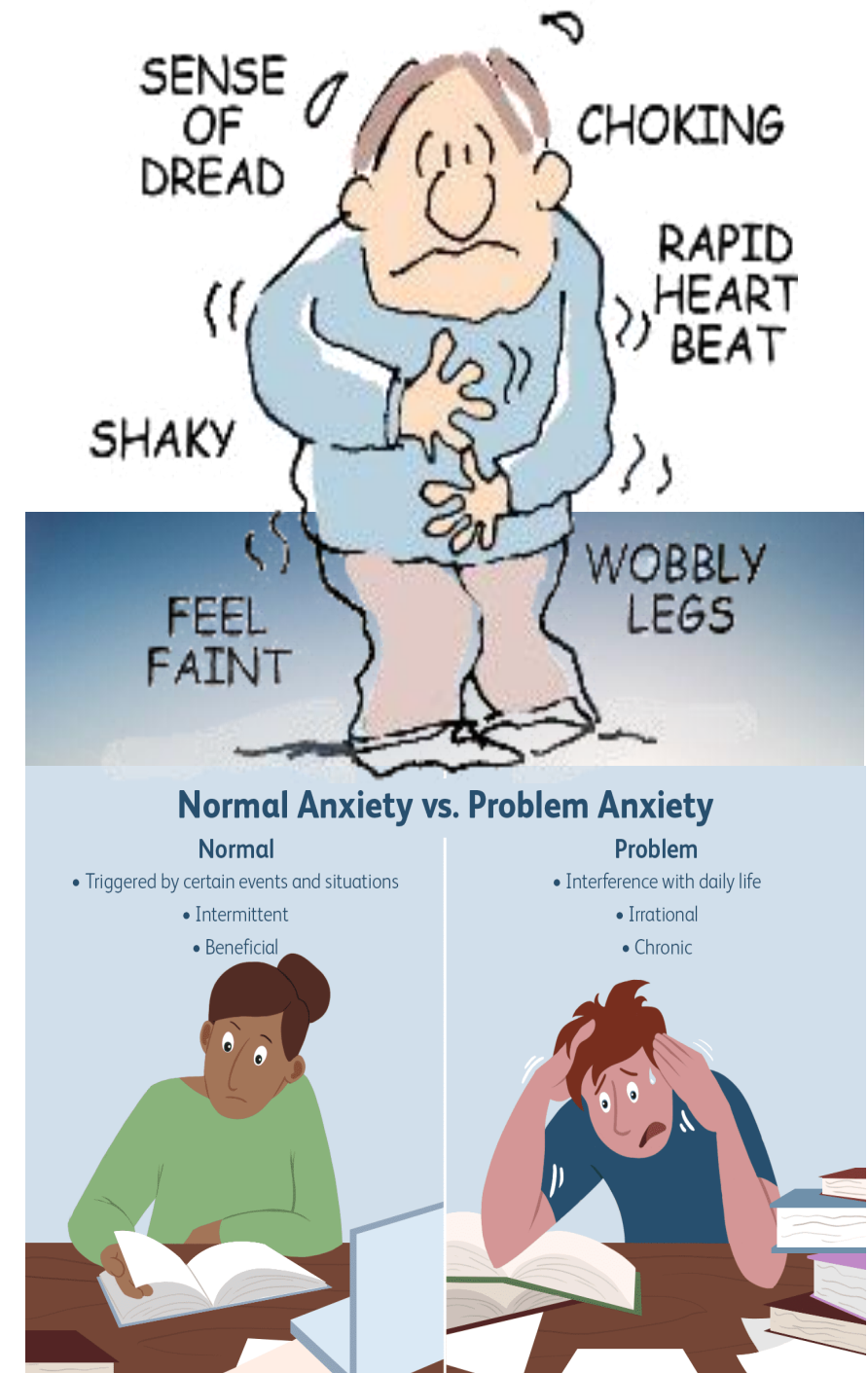
Worry is Unnecessary

Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear.

Concerning Our Daily Needs

Worry is **Merimna** in Greek meaning *'choked, strangled.'*

*Anxious moment yes
but without 'paralyzing anxiety'*



Get Our Perspectives Right!

***Is not life more than food,
and the body more than clothes?***

***God who provides us the life
and body in His kingdom
(which are more important)***

***how much more will He
provide things of less important
like food and clothing!***



**Our life and body are much
more than what we eat or wear**

There is a lot more to life than food

We don't live just to eat!

We eat to live, enjoy & glorify God.

Our body is much more than our clothing

We are not all how we look to others!

It is the temple of the Spirit!

They are valuable to our Father!



Life and Food

²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them.

Are you not much more valuable than they?

Worry is Groundless

We are far more valuable to Him!

God is our Father



Worry is Useless

27 Can any one of you by worrying add a single hour to your life?



**Life is translated
'stature or age'**

NKJV

'Which of you by worrying can add one cubit to his stature?'



Body and Clothes

28 'And why do you worry about clothes? See how the flowers of the field grow. They do not labour or spin. 29 Yet I tell you that not even Solomon in all his splendour was dressed like one of these.

Kingdom Economic

God provides generously & lavishly!

**We are made beautiful,
the whole person, to reflect His glory!**



Worry is Unworthy of a Disciple of Jesus

³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you – you of little faith?

‘you of little faith’
(oligopistoi)

**Worry is being ‘faithless’
Living without God!**



*Worry is essentially
a failure to trust God*

We have God in our lives!

³¹ So do not worry, saying, “What shall we eat?” or ...drink?” or ... wear?”

³² For the pagans run after all these things, and your heavenly Father knows that you need them.

God is Our Father!

We are the Salt and Light
Living A Distinctive Kingdom Life
Reflecting His Glory!



The Cure:

Get our hearts and priority right!

But seek first his kingdom and his righteousness,

Give top priority to seek, 'unceasing quest'

Seek God First and Only

His Kingdom & Righteousness



His Kingdom and His Righteousness

Live under His Lordship

*Place top priority and involvement
in what God is doing directed by Jesus*

Live out His Holy Righteousness

*Do what is good, right, true
Not what is comfortable, popular, and profitable*

Given with a Bonus!

“all these things will be given to you as well”

‘Given/Added’, ‘prostithemi’

from **prós** = to or besides + **títhemi** = put,
means add something to an existing quantity.

**MORE THAN
ENOUGH**
Trusting the God of the How Much More for my Needs



His Goodness and Grace

You can do your worrying about tomorrow Tomorrow!

³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

It robs us of today's blessings of love, joy, and peace.

Makes us Unfruitful



**Live the Singled Focus Life of
Uncompromised Trust in God**

Seek first His kingdom & righteousness

Trust and depend on God alone

“Give us today our daily bread”

**Live with His Peace
Comfort and Strength**



The Lord Our Shepherd

Be a Psalmist

Not a Pessimist or Optimist

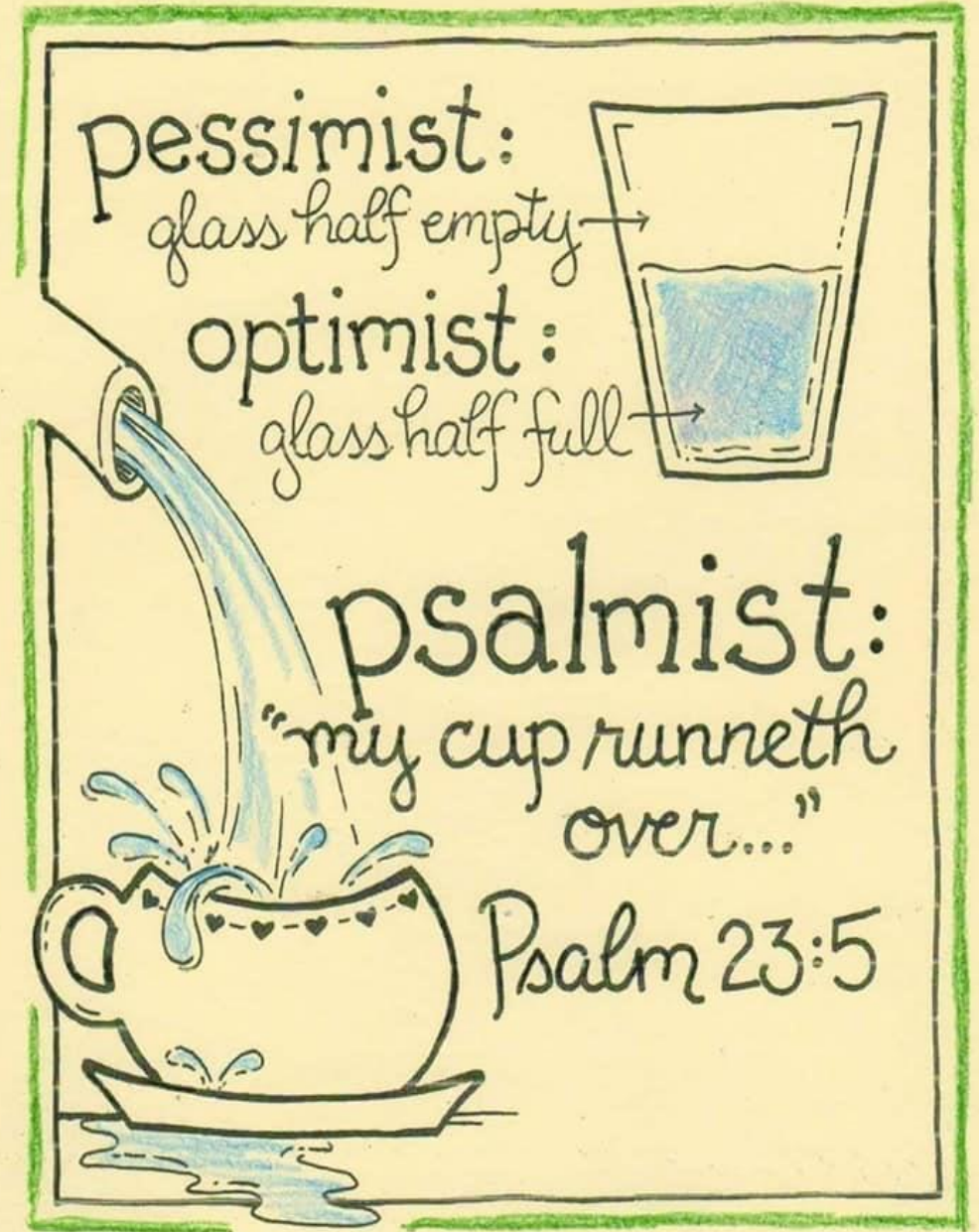
Overflowing Cup & Life

*"You prepare a table before me
in the presence of my enemies.*

*You anoint my head with oil;
my cup over flows.*

*Surely goodness and love will
follow me all the days of my life,*

*and I will dwell in the
house of the LORD forever."*





Holy Lighters

“Be the Salt & Light”

**Live by Faith
Christ the Solid
Rock we stand**