

# ***New Life in Christ***

**The Strong and the Weak**

*Exercising Faith with Love*

**Romans 14**



THE BOOK OF

**ROMANS**

# Can Christians Participate in these Activities?



**Fun and  
Entertainments**



**Yoga, Tai Chi**



# Can Christians Participate in these Activities?



## Fun and Entertainments

## Yoga, Tai Chi



Fasting  
& Prayer

Sabbath

Rest

DRUMS, SOUND & WORSHIP



# Unity in the Family of God

**Relationships between  
the Weak and the Strong**

**Practicing the newfound faith**

**Romans 14**

***To Eat or Not to Eat?***

***Observance of Sabbath***



## Accept the Weak into Fellowship

*Accept the one whose faith is weak, without quarrelling over disputable matters.*

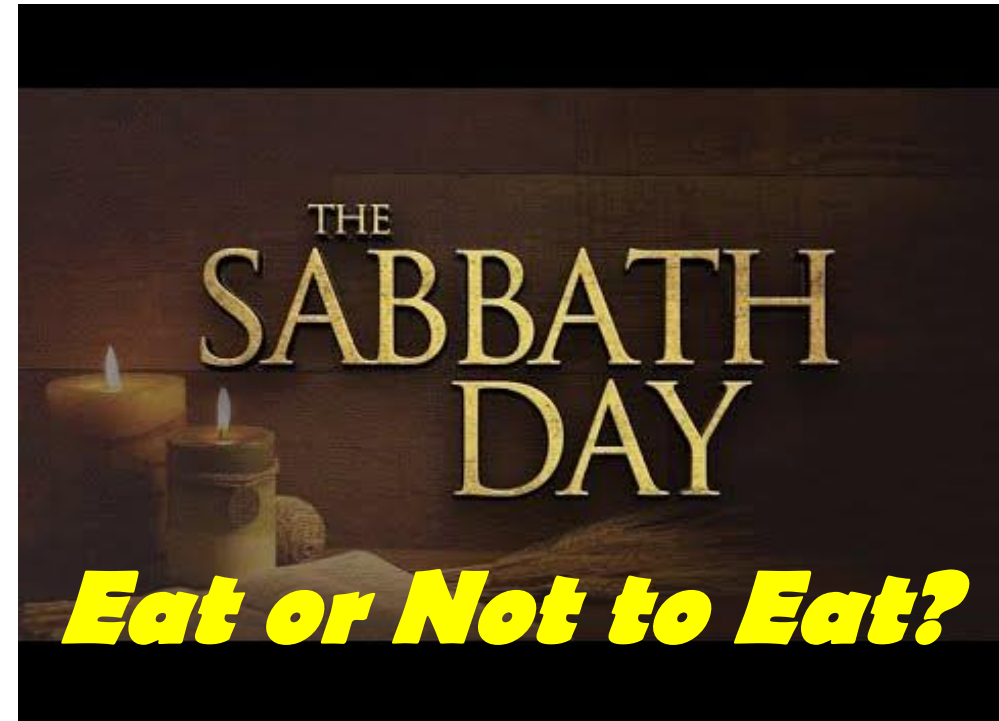
**Do not condemn or despise each other on practice of faith**



## **Over Our Diet and Observance of Sabbath**

***<sup>5</sup> One person considers one day more sacred than another; another considers every day alike. Each of them should be fully convinced in their own mind. <sup>6</sup> Whoever regards one day as special does so to the Lord.***

***Whoever eats meat does so to the Lord, for they give thanks to God; and whoever abstains does so to the Lord and gives thanks to God.***



# **Welcome Each Other for God has Welcomed All**

***<sup>3</sup> The one who eats everything  
must not treat with  
contempt the one who does  
not, and the one who does not  
eat everything must not  
judge the one who does, for  
God has accepted them.***

***God has saved us by  
faith through His grace***

**Salvation by Grace**



**Grace Living**

# **Christ is the Master and Lord Whom We Belong**

***<sup>4</sup> Who are you to judge someone else's servant? To their own master, servants stand or fall...<sup>7</sup> For none of us lives for ourselves alone, and none of us dies for ourselves alone. <sup>8</sup> If we live, we live for the Lord; and if we die, we die for the Lord. So, whether we live or die, we belong to the Lord.***

***Live or die unto the Lord  
in whatever we do***





# **Do Not Judge Each Other**

***<sup>10</sup> You, then, why do you  
judge your brother or sister?***

**We are family of Christ**  
*Welcome each other because  
of our fellowship in Christ  
not because of our behaviours*



# Jesus Christ is the Judge

*Or why do you treat them with contempt? For we will all stand before God's judgment seat...<sup>12</sup> So then, each of us will give an account of ourselves to God. <sup>13</sup> Therefore let us stop passing judgment on one another.*

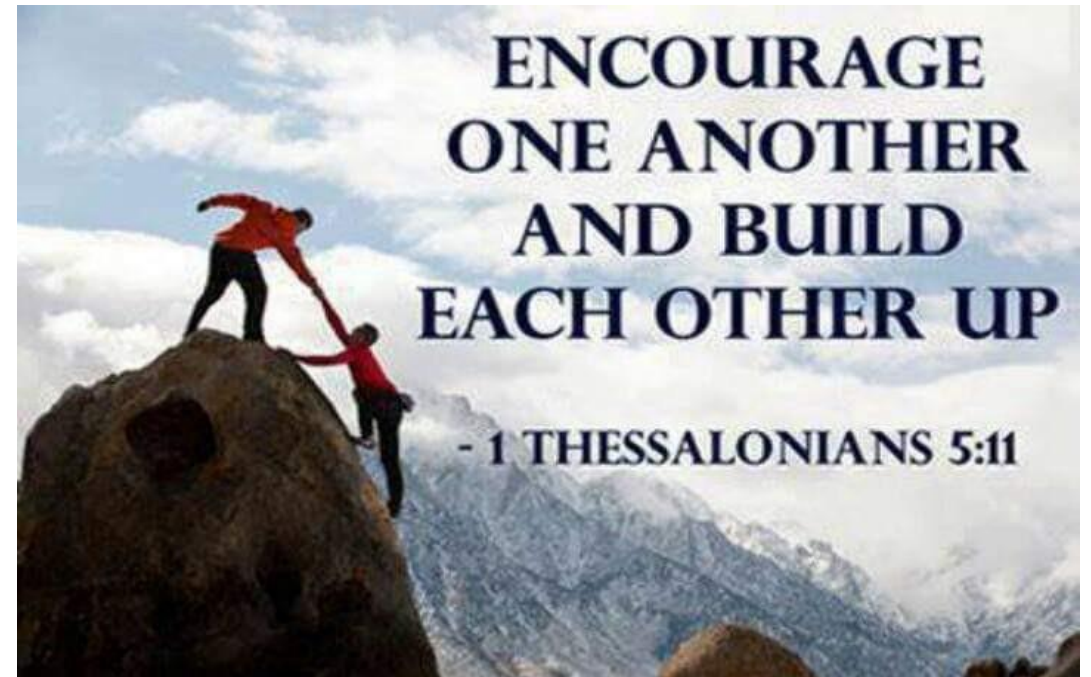
**We will all stand  
before God's judgment**



**Don't cause your  
brothers and sisters  
to stumble**

*Instead, make up your mind  
not to put any stumbling  
block or obstacle in the way  
of a brother or sister.*

**We are to build up  
one another**



## **Do Everything in Love**

***<sup>14</sup> I am convinced, being fully persuaded in the Lord Jesus, that nothing is unclean in itself. But if anyone regards something as unclean, then for that person it is unclean.***

***<sup>15</sup> If your brother or sister is distressed because of what you eat, you are no longer acting in love.***

**Exercise Liberty  
with Love**



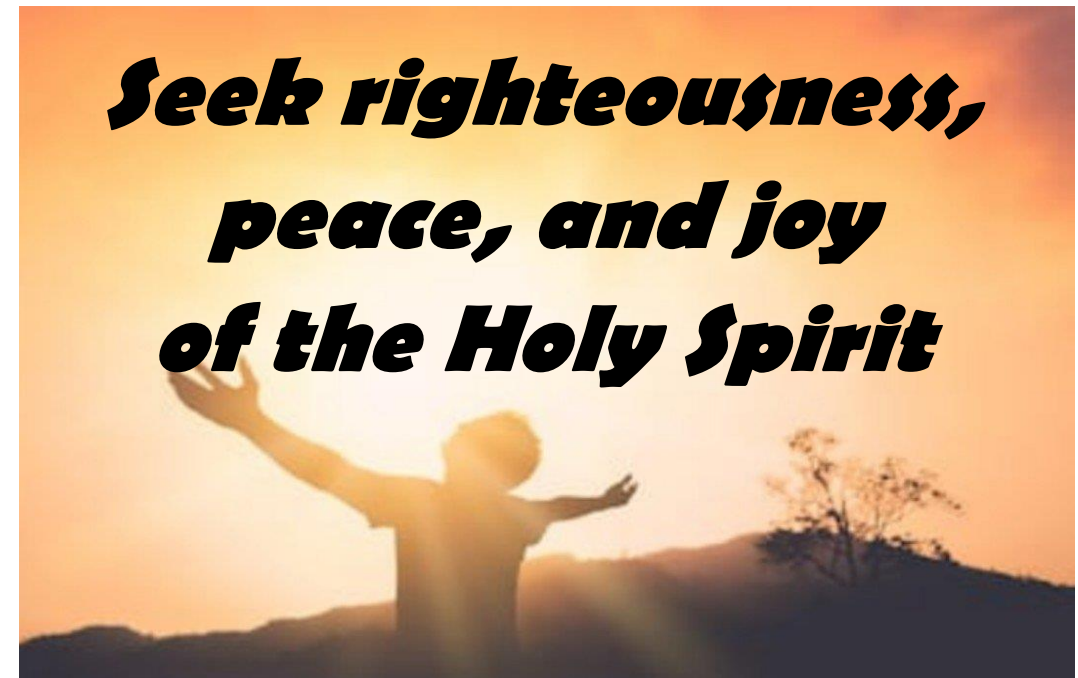
***Faith gives liberty;  
Love limits its exercise.***

## **Get Our Priorities Right**

***<sup>17</sup> For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit...<sup>19</sup> Let us therefore make every effort to do what leads to peace and to mutual edification.***

## **Edify One Another**

***The kingdom of God is more important than food***



***Seek righteousness,  
peace, and joy  
of the Holy Spirit***

**All things are lawful but**  
**Not all things are beneficial**

***20 Do not destroy the work of God for the sake of food. All food is clean, but it is wrong for a person to eat anything that causes someone else to stumble.***

***21 It is better not to eat meat or drink wine or to do anything else that will cause your brother or sister to fall.***

**It is true that all foods  
are clean for consumption**

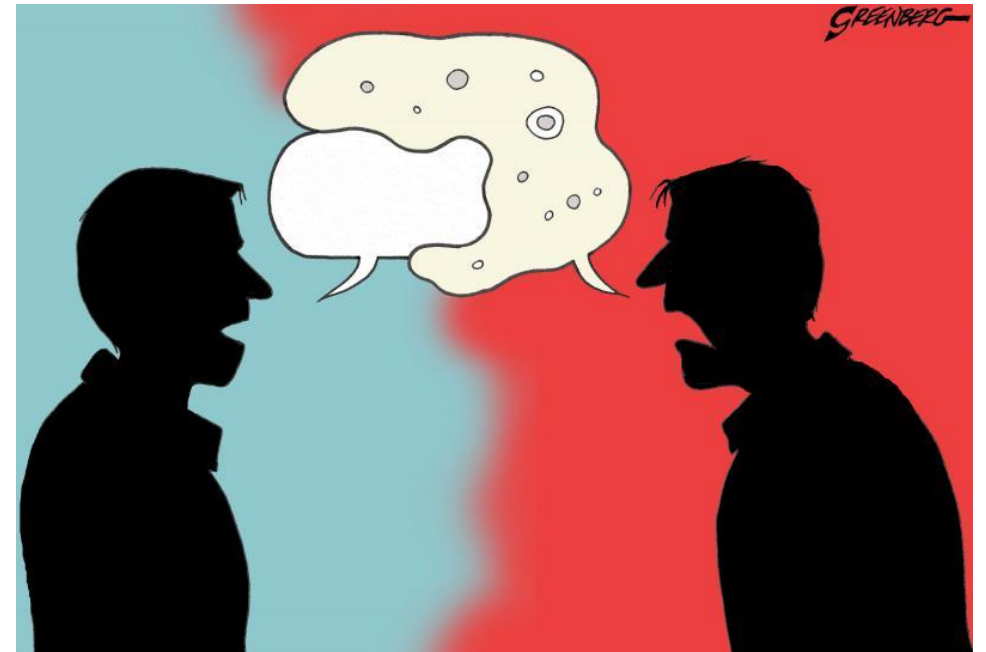


# **Do not force your opinions on others**

***22 So whatever you believe about these things keep between yourself and God. Blessed is the one who does not condemn himself by what he approves.***

**Distinguish between  
private conviction and  
public behaviour**

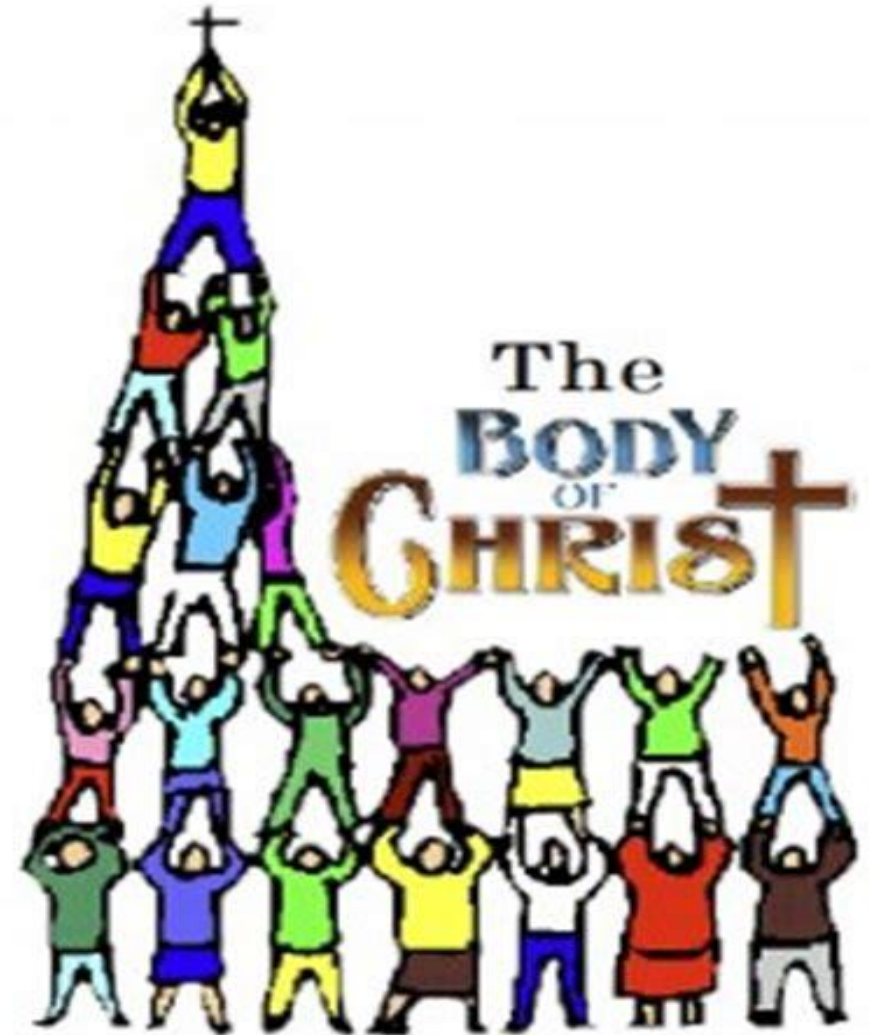
***Keep your belief and  
conviction private***



# **New Life in Christ**

**Live in unity with  
mutual acceptance and  
love to edify one another**

*In essentials unity;  
in non-essentials liberty;  
in all things charity.*





# **The Stronger and Weaker Brother**

## **Live in Unity, Love, and Harmony**

- Do not condemn or judge each other
- We are all saved by faith through His grace
- We all will appear before judgment seat of Christ
- Get our priority right in the kingdom of God
- We are to edify and love one another





**Exercise Liberty  
with Love**

**Live In  
God's Love**

**The Heart of Christian Liberty**