









Which Bible verse comes to  
your mind?

Psalms 23:1-3, Isaiah 40:11

What about these images?













Which Bible verse comes to  
mind?



Psalms 23:5?

You prepare a table before me  
in the presence of my enemies.



# Prepare a table before me

- The LORD sets a table for a meal, a banquet or a feast
- And I am a guest at His table
- This meal/banquet/feast is hosted in the presence of my enemies
- I sometimes wonder what kind of a meal/banquet/feast.
- Depends on your '*theology*', could be vegetarian, organic, non GMO, health food etc.







叉燒飯  
Char Siew Rice  
燒肉飯  
Roasted Pork Rice  
燒鴨飯  
Duck Rice

\$3.50 / \$5.00  
\$3.50 / \$5.00  
\$3.50 / \$5.00  
\$5.00  
rice \$5.00



豬頭皮叉燒飯  
BRAISED PIG FACE  
CHAR SIEW RICE















Chairman of the  
Fats-byterian Men's Fellowship

Isaiah 25:6

On this mountain the LORD  
Almighty will prepare a feast of  
**rich food** for all peoples, a  
banquet of **aged wine**, the best  
of **meats** and the **finest of wines**

**Isaiah 25:6**

You prepare a table before me  
in the presence of my enemies.  
You anoint my head with oil; my  
cup overflows

**Psalms 23:5**

# Provision



# Provision Protection



Provision  
Protection  
Presence





Provision  
Protection  
Presence  
(Promises)



# 1. Provision

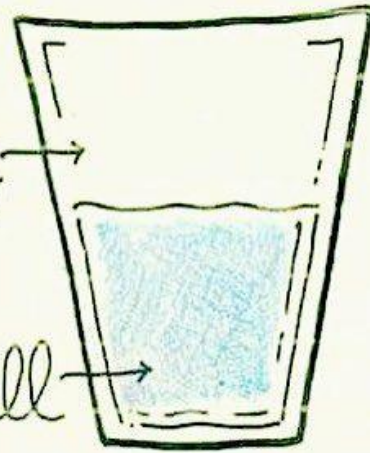
- Can God spread a table in the desert? Ps 78:19
- Answer : Spread manna in the desert
- Can He supply meat for His people? Ps 78:20
- Answer : He rained meat down on them like dust.
- Can God fulfill my need, supply my lack, settle my deficits, debts?
- Answer : Yes He can and He will do it!
- Jesus turned water into wine (about 600 litres) at a wedding in Cana.
- Feeding of the 5,000 with 12 basketful of leftover and the 4,000 with 7 basketful of leftover.
- He is the God of “the more than enough”. Eph 3:20, Phil 4:19

pessimist:

glass half empty →

optimist:

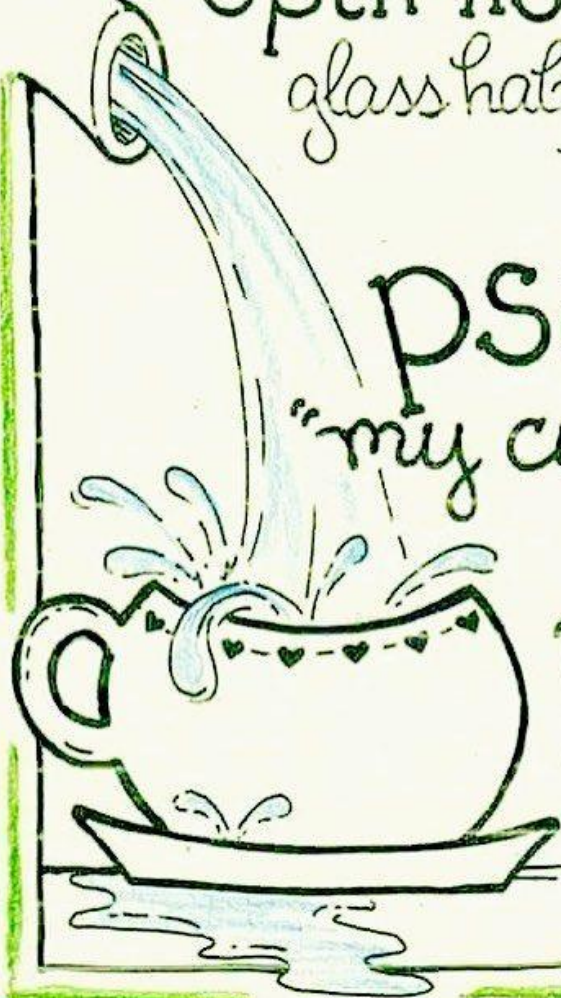
glass half full →



psalmist:

"my cup runneth  
over..."

Psalm 23:5



## 2. Protection

- Even though I walk through the valley of the shadow of death...
- He prepares a table before me. He is my host - amidst my enemies.
- In ancient times, it is the duty of the host to ensure the safety of his guests; that no harm comes to them.
- In the presence of my enemies (troubles, hardship, difficulties, pain) I can have peace; for He is my Shield, my Refuge, my Fortress, my Salvation, my Rock.



He anoints my  
head with oil



He anoints my  
head with oil



Refreshment for my soul,  
healing for my emotion.

# Day to day Christian living

- *What is our focus in difficult times?*
- The dark valley
- The presence of enemies around us
- *What is our focus in good times?*
- Green pastures we lie down on.
- The still waters flowing beside us
- The table set before us.



# 3. Presence

- The LORD, He is our focus
- He is my shepherd
- He makes me lie down in green pasture
- He leads me beside still waters
- He guide me in righteous path
- His rod, His staff bring me comfort
- We dine in HIS PRESENCE and dwell in His house all our days
- Psalms 27:4, Psalms 16:11

Psalms 23:6

**Surely goodness and mercy.....**

## 4. Promise

- All his promises are “Yes” in Christ Jesus. 2Cor 1:20
- Matt 7:9....how much more will your Father in heaven give..
- “Never will I leave you, never will I forsake you.” So we say with confidence, “The LORD is my helper, I will not be afraid. What can man do to me?” Heb 13:5b-6
- He did not spare His own Son but gave Him up for us....Rom 8:32

# Romans 8:31-39

